



Sudan ISD Breakfast Menu

March
2026

Fuel your day with breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 French Toast Sticks Cereal Choice Graham Crackers Fresh Pear Apple Juice Choice of Milk	3 Egg & Cheese on a Biscuit Cereal Choice Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	4 Banana Choc Chip Muffin Cheese Stick Cereal Choice Graham Crackers Fresh Grapes Apple Juice Choice of Milk	5 Easy Egg Bake Whole Grain Toast Cereal Choice Graham Crackers Fresh Apple Orange Juice Choice of Milk	6 Biscuits and Gravy Cereal Choice Graham Crackers Fresh Orange Grape Juice Choice of Milk
9 Pancake on a Stick, WG Cereal Choice Graham Crackers Fresh Pear Apple Juice Choice of Milk	10 Egg & Cheese on English Muffin Cereal Choice Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	11 Blueberry Muffin, WG Cheese Stick Cereal Choice Graham Crackers Fresh Grapes Apple Juice Choice of Milk	12 Cinnamon Roll Cereal Choice Graham Crackers Fresh Apple Orange Juice Choice of Milk	13 Early Release Yogurt Parfait with Blueberries & Granola Cereal Choice Graham Crackers Fresh Orange Grape Juice Choice of Milk
16 No School- Spring Break	17 No School- Spring Break	18 No School- Spring Break	19 No School- Spring Break	20 No School- Spring Break
23 Glazed Donut Cereal Choice Graham Crackers Fresh Pear Apple Juice Choice of Milk	24 Sausage & Cheese on a Biscuit Cereal Choice Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	25 Breakfast Flatbread Cereal Choice Graham Crackers Fresh Grapes Fruit Blend Juice Choice of Milk	26 Waffles Cereal Choice Graham Crackers Fresh Apple Orange Juice Choice of Milk	27 Breakfast Burrito Cereal Choice Graham Crackers Fresh Orange Grape Juice Choice of Milk
30 Buttermilk Pancake, WG Syrup Cereal Choice Graham Crackers Fresh Pear Apple Juice Choice of Milk	31 Egg & Cheese on a Biscuit Cereal Choice Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	1		

PRICES

Students	Free
Extra Milk	\$0.75
Adults	\$3.10

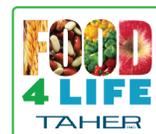
EXTRA INFO

Choice of Milk: 1% unflavored white or fat free chocolate milk
 For questions or concerns contact: Food Service Director Tonya Draper, tonyadraper@sudanisd.net



Menus and Nutrition

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